

2026-27 PSHE Jigsaw – **Being Me in My World** – Autumn 1

Coverage

	Year 3	Year 4	Year 5	Year 6
Week 1	Getting to know each other recognise my worth and identify positive things about myself and my achievements, set personal goals and know how to use my Jigsaw Journal value myself and know how to make someone else feel welcome and valued	Becoming a class 'team' know my attitudes and actions make a difference to the class team and know how to use my Jigsaw Journal know how good it feels to be included in a group and understand how it feels to be excluded and try to make people feel welcome and valued	My year ahead face new challenges positively and know how to set personal goals and know how to use my Jigsaw Journal know what I value most about my school and can identify my hopes for this school year	My year ahead identify my goals for this year, understand my fears and worries about the future and know how to express them and know how to use my Jigsaw Journal feel welcome and valued and know how to make others feel the same
Week 2	Our school face new challenges positively, make responsible choices and ask for help when I need it recognise how it feels to be happy, sad or scared and to be able to identify if other people are feeling these emotions	Being a school citizen understand who is in my school community, the roles they play and how I fit in take on a role in a group and contribute to the overall outcome	Being a citizen of my country understand my rights and responsibilities as a citizen of my country empathise with people in this country whose lives are different to my own	Being a global citizen 1 know that there are universal rights for all children but for many children these rights are not met understand my own wants and needs and can compare these with children in different communities
Week 3	Our dream school understand why rules are needed and how they relate to rights and responsibilities know how to make others feel valued	Rights, responsibilities and democracy understand how democracy works through the school council/in this school recognise my contribution to making a Learning Charter for the whole school	Year 5 responsibilities understand my rights and responsibilities as a citizen of my country and a member of my school empathise with people in this country whose lives are different to my own	Being a global citizen 2 understand that my actions affect other people locally and globally understand my own wants and needs and able to compare these with children in different communities

Week 4	Rewards and consequences understand that my actions affect myself and others and I care about other people's feelings understand that my behaviour brings rewards/consequences	Rewards and consequences understand that my actions affect myself and others and I care about other people's feelings and try to empathise with them understand how rewards and consequences motivate people's behaviour	Rewards and consequences make choices about my own behaviour because I understand how rewards and consequences feel understand that my actions affect me and others	The learning charter make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them
Week 5	Our learning charter make responsible choices and take action work cooperatively in a group	Our learning charter understand how groups come together to make decisions take on a role in a group and contribute to the overall outcome	Our learning charter understand how an individual's behaviour can impact on a group contribute to the group and understand how we can function best as a whole	Our learning charter understand how an individual's behaviour can impact on a group contribute to the group and understand how we can function best as a whole
Week 6	Owning our learning charter understand my actions affect others and try to see things from their points of view choose to follow the Learning Charter	Owning our learning charter understand how democracy and having a voice benefits the school community understand why our school community benefits from a Learning Charter and can help others to follow it	Owning our learning charter understand how democracy and having a voice benefits the school community and know how to participate in this understand why our school community benefits from a Learning Charter and can help others to follow it	Owning our learning charter understand how democracy and having a voice benefits the school community understand why our school community benefits from a Learning Charter and how I can help others to follow it by modelling it myself