

2026-27 PSHE Jigsaw – Celebrating Difference – Autumn 2

Coverage

	Year 3	Year 4	Year 5	Year 6
Week 1	Families understand that everybody's family is different and important to them appreciate my family/the people who care for me	Judging by appearances understand that, sometimes, we make assumptions based on what people look like try to accept people for who they are	Different cultures understand that cultural differences sometimes cause conflict be aware of my own culture	Am I normal? understand there are different perceptions about what normal means empathise with people who are different (some vocabulary: gang, marriage)
Week 2	Family conflict understand that differences and conflicts sometimes happen among family members know how to calm myself down and can use the 'Solve it together' technique	Understanding influences understand what influences me to make assumptions based on how people look question why I think what I do about other people	Racism understand what racism is be aware of my attitude towards people from different races	Understanding difference understand that everyone has a right to be who they are be aware of my attitude towards people who are different to me (some vocabulary: diverse, equality, identity)
Week 3	Hidden disabilities understand how having a hidden disability or difficulty could affect someone's life consider and empathise with people with hidden disabilities or differences	Understanding bullying know that sometimes bullying is hard to spot and to know what to do if I think bullying is going on but I'm not sure know how it might feel to be a witness to and a target of bullying	Rumours and name-calling (bullying) understand how rumour-spreading and name-calling can be bullying behaviour tell you a range of strategies to manage my feelings in bullying situations and for problem-solving when I'm part of one (some vocabulary: racism, sexism, disability, cyberbullying) Witness (bullying) and feelings	Power struggles (bullying) explain some of the ways in which one person or a group can have power over another know how it can feel to be excluded or treated badly by being different in some way

			know what it means to be a witness to bullying know some ways of helping to make someone who is bullied feel better (some vocabulary: cheese, gay, bystander)	
Week 4	Witness (bullying) and solutions know that witnesses can make the situation better or worse by what they do problem-solve a bullying situation with others (some vocabulary: taunting, fat, idiot)	Problem-solving (bullying) tell you why witnesses sometimes join in with bullying and sometimes don't tell problem-solve a bullying situation with others	Types of bullying explain the difference between direct and indirect types of bullying know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied	Why bully? know some of the reasons why people use bullying behaviours tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one (some vocabulary: disability, gay, loser)
Week 5	Words that harm recognise that some words are used in hurtful ways try hard not to use hurtful words (some vocabulary: fat, stupid, dumb)	Special me identify what is special about me and to value the ways in which I am unique like and respect the unique features of my physical appearance	Does money matter? compare my life with people in the developing world appreciate the value of happiness regardless of material wealth	Celebrating difference: Paralympians give examples of people with disabilities who lead amazing lives appreciate people for who they are
Week 6	Celebrating difference: compliments tell you about a time when my words affected someone's feelings and what the consequences were give and receive compliments and know how this feels	Celebrating difference: how we look tell you a time when my first impression of someone changed when I got to know them explain why it is good to accept people for who they are	Celebrating difference: across the world I understand a different culture from my own respect my own and other people's cultures	Celebrating difference: conflict and celebration explain ways in which difference can be a source of conflict and a cause for celebration show empathy with people in either situation (some vocabulary: race, religion, sexuality, disability, gender)
Week 7	Road and travel safety	Train line safety I can identify things and places that I need to keep	Knife crime I know why some people might carry knives	Knife crime

	identify ways to keep myself safe travelling to and from school, including road safety value myself and my own opinions	safe from and I know some strategies for keeping myself safe, who to go to for help and how to call emergency services I can consider my choices about staying safe and express how being anxious or scared feels	I can make an informed decision about how to keep myself and other people safe when I am out by myself and with friends	I know why some people might carry knives I can make an informed decision about how to keep myself and other people safe when I am out by myself and with friends
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