



Student Well-Being Vision Statement

At The Godolphin Junior Academy, we have a whole school approach to well-being where we all value, promote and teach well-being. Our whole community understands the importance of well-being and how it impacts our students' lives, and their progress and attainment. We aim to develop learners that are caring, kind, understanding, nurturing, resilient, confident and have positive outlooks on life and the world around them. TGJA aspire to have our students leaving our school with a positive well-being attitude and well-being knowledge to support and guide them in their future and in the wider community.

We pride ourselves on the many ways that we teach our students about well-being. At TGJA, we:

- Participate in Children's Mental Health Week
- Participate in Mental Health Awareness Week
- Participate in World Mental Health Day
- Participate in well-being competitions, for example Premier League Well-Being Star
- Participate in Anti-Bullying Week
- Have 2 pupils per class that are well-being leaders, called 'supportive stars'
- Have discrete lessons on well-being which is embedded in our PSHE scheme and is covered in our Votes for Schools lessons
- Have discrete lessons on well-being topics, for example World Oral Health Day
- Have well-being activities in school, led by our supportive stars
- Have well-being activities to complete at home, including an online well-being page
- Have Active Movement
- Have assemblies about well-being
- Have Nurture and ELSA groups to build our pupils social skills and emotional resilience
- Have Lego therapy to develop pupil's communication skills in social situations
- Have Learning Mentors to support our pupils to overcome and build strategies for dealing with behavioural, social and emotional problems
- Have weekly YogaBugs sessions
- Complete half termly well-being surveys

As well as being taught about well-being and how to look after it, they are also taught about where and who to go to if they feel they need some support. We have members of staff trained in Psychological First Aid and multiple members of staff who are trained in Mental Health First Aid. They are all there to support our students at any time, for any need they may have. TGJA also have Talk Time which is where our pupils have supportive conversations with an adult about anything that may be concerning them. This allows our pupils to talk openly about their emotional well-being and mental health.