

Mental Health Support Team

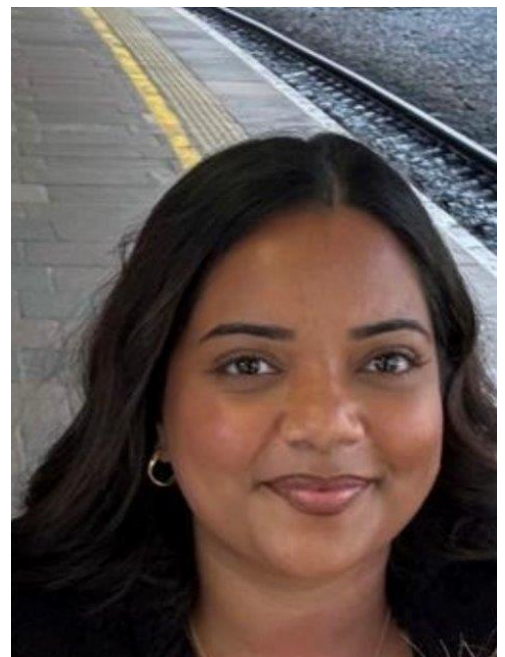
Meet Your Team

Your school works alongside the Slough MHST to support student wellbeing, as individuals and as a whole school.

Lead Practitioner

Toni Haywood

'I enjoy cooking, self-care and watching comedy shows. My favourite day of the week is Thursday!'



You may see me around school. I team up with the school to promote mental wellbeing, and like my colleagues, I am passionate about mental health. If you see me around, feel free to chat!

If you want to contact us or need more information...

Speak to your Senior Mental Health Lead at school – **Miss Powell**

Call: **0300 247 3002**

Email: **CAMHSGettingHelpEast@berkshire.nhs.uk**



Meet Your Team

Your EMHP works alongside a team of professionals to support whole-school wellbeing.

Kayleigh Ison

Children's Wellbeing Practitioner



"I enjoy exercising, reading, gaming and watching TV shows."



Vee Rajeetharan

Education Mental Health Practitioner



"I enjoy reading and watching TV shows in my spare time."



Megan Lane

Trainee Education Mental Health Practitioner



"I enjoy walking my dog and spending time with friends & family".



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Ludovica DiGuardo

Education Mental Health Practitioner



Natalie Trueman

Senior Children's Wellbeing Practitioner



"I like going to the climbing wall and watching football in my free time."



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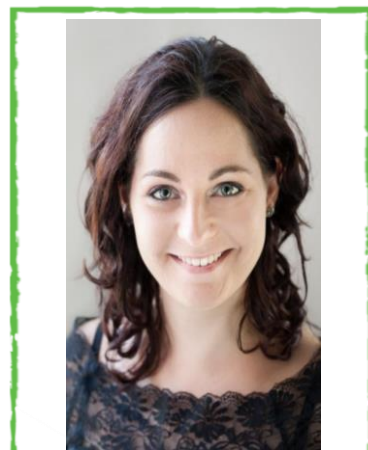
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Reka Hunyad

Senior CBT Therapist



"I enjoy sports and spending time with friends/family."



Jade Hens

Team Lead



"I've always been an advocate for mindfulness techniques, I practice them daily".



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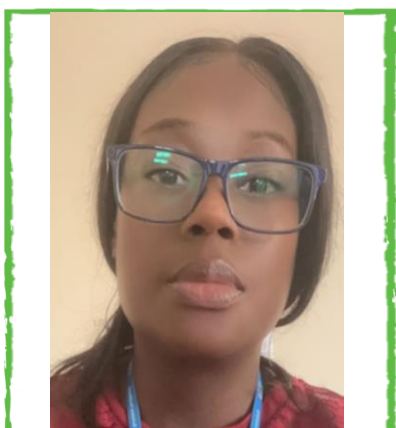
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Nida Reyaz
Admin Team



Areeba Wajid
Admin Team Lead



Janisha Williams
Admin Team



Tania DaCaAfonso
Admin Team

