

# The Active Walk School AMbassador

## 10-point Promise

I will tell anyone what Active Movement is about

I will remind everyone why Active Movement is good for them

I will look after the Active Walk map

I will lead the Active Walk and choose someone to help me

I will remind everyone in class to do the Active Walk  
(including the teachers!)

I will praise anyone who does the Active Walk properly

I will make sure there is an Active Walk poster in class (or can  
create one of my own)

I will encourage my mum and dad to go for a walk

I will nominate the next Active Walk AMbassador

I will wear the Active Walker special badge at all times

